



Words from Pastor Sarah

Growing up, Fourth of July meant a big parade, lunch and fellowship in the park, a family barbeque and time at the lake. The "oohs" and "awws" that fireworks would bring along with shouts of "God Bless America," are forever etched in my memory. Fourth of July is all about our country's freedom. But this year as this holiday comes closer, I can't help but think about a different kind of freedom. A kind of freedom that only God can bring to each of us. In a David Foster Wallace's 2005 commencement speech to the graduating class at Kenyon College, Wallace describes freedom in a very honest manner in these words, "The really important kind of freedom involves attention and awareness and discipline, and being able truly to care about other people and to sacrifice for them over and over in myriad petty, unsexy ways every day." And although Wallace does not name this freedom in his speech, it is a pretty accurate description of Christian freedom. This freedom comes through the gospel and sets us free from our sins so that we can go forth and over and over again become what God created us to be. Christian freedom frees us from many things. Freedom from the Devil who loves to whisper doubt, jealousy, and hate into our minds. The freedom from the idolatry, demons, hatred, violence, addiction, and mental illness. The freedom from the power of our sins. The freedom from the power of death. Through this freedom, we are given the gift of freedom and grace.

The freedom of Christ is not only a gift of "freedom from," but also a "freedom for." Freedom for loving and caring for your neighbors, both near and far. Freedom for living out your baptismal vocation in this world to help those around us in need. Freedom for serving

people who are hurt and lonely, people who are searching for Jesus, and care for a creation that is being destroyed and wounded. We are given freedom when we confess our sin each week in the words, "By grace you have been saved, in the name of Jesus Christ, your sins are forgiven." Freedom and promise that Christ will live in our hearts through faith. Thanks be to God for that freedom.

- Sarah

Parish News

On July 16th we will gather together for an evening of worship, food, and fun at Wilson Park to celebrate our 15 years together as the 4-Point Prairie Lutheran Parish. The pool will be open at no charge during the event with other games and activities!

Vacation Bible School

Knife River—Camp of the Cross

- July 29-August 1, Noon 4pm
- Kids ages from kindergarten thru 6th grade.
- Any questions or to register call Nikki at 629-5101

American Lutheran - Metigoshe

- July 15-19
- 1st—6th grade, 9-3pm
- Age 3 Kindergarten, 9 11:30am
- To register, text Karen at 701-629-0065

American Lutheran

Gold Group

Green Group

July 2019

Gold Group

August 2019 Green Group

September 2019

Purple Group

Power Point Asst.

Katie 1st Kelly/Dawn 2nd Gary/Kay 3rd Jeff/Karen 4th Jake Hellman 5th

Sound System

Jake Hellman 1st Don Longmuir 2nd Gary Nordloef 3rd Jeff Colbenson 4th Jake Hellman 5th Ron & Shelly Aadnes Shane Aadnes Dave & Paula Brown Jacob & Ashley Carpenter Brandon & Beth Dean Jared Enget Scott & Jordan Evans Rocky & Adriana Fladeland Larry & Nancy Hagen Nancy Hemstad Gerry & Chancey Henin Jason & Christy Iverson* Duane & Janice Lindberg **Evan & Frin Meiers** Eric & Shannon Mell Norman & Julie Mell Jackie Nelson Earl Rogstad Lavne & Tyra Rolfe Elaine Sandry Pam & Kelly Shunke Aaron & Ashley Skarsgard Troy & Jenny Smith BreeAnn Sorenson Clav & Sarah Sorenson Roger & Sheryl Sorenson Steve & Cathy Springan Bill & June Stevens

Gordon & Sharon Aas * Tom Anderberg Bryan & Karen Davies Robin Enget Sue Evenson Elsie Ganskop Jacob Hellman Brian & Traci Hysiulien Chad & Cammie Hysiulien Hod & Ruth Hysjulien Marjorie Jaha Gary & Judy Johnson Lynette Johnson Kevin & Michelle Kinnoin Mever & Diane Kinnoin Chase Lindberg Dan & Karen Lindberg Larry & Grace Lystad John & Devra Mogren Greg & Stacey Mortensen Bev Neset * Jerry & Jennifer Neset Stacev Neset Lance & Teri Ostdahl Evonne Piepkorn Ken & Donna Ranum Bill & LaRae Rudolph **Amy Strasser** Robert Western Bernard & Joanne Wirtz

WELCA News

Hi everyone! We had our quarterly WELCA meeting on June 3, with wonderful attendance! There were 10 of us, plus 1 guest, present. We had a lot of discussion on fund-raisers, with more to come on that. Thanks to all that came!

I want ALL women of our PARISH to remember that we are invited to a DAY Retreat at Camp Metigoshe. This will be on July 9th, from 9:30-3:00. I already have some drivers lined up, so there is room for EVERYONE! Call me the minute you even "THINK" you might want to go & we'll make plans. There is no cost, but they will take a free-will offering to help cover their costs. (Let me know if you have dietary needs &/or mobility needs—cause I do!—& they'll accommodate us). And you can bring a friend, two-even from outside of our church. They need pre-registration by July 2, but call me anyway, if it's later, they will accept it. Let's enjoy time together in God's beautiful creation! Have a wonderful & safe July!

Be careful how you live; you may be the only Bible some people will ever read. Maren 701-629-1067

American Lutheran Church Memorials

<u>In Memory of</u>	<u>Donor</u>
	<u>Wee Care</u>
Donations	Gary & Cheryl Weisenberger
Kenny Lystad	Ron & Shelly Aadnes
	<u>Quilting</u>
Pam Uran	
	Family
Pam Uran	Pat Eisenzimmer
	<u>Vacation Bible School</u>
Irene Gjerdevig	Donna Ranum
	<u>Memorial Fund</u>
Lyle Erickson	Allen & Debbie Lund
Kenny Lystad	Earl Rogstad
Kenny Lystad	Greg & Sue Johnson
Tucker Hovda	Gordon & Sharon Aas
Fern Nelson	Gordon & Sharon Aas
Tucker Hovda	Earl Rogstad
Fern Nelson	Earl Rogstad
Fern Nelson	Marichel Mariscal
Fern Nelson	Erma Martinson
Fern Nelson	J.R. & M. Jarrett & David Meiers
Fern Nelson	Gene & Carol Hanson
Tucker Hovda	Gene & Carol Hanson

Bethlehem

Our next council meeting is scheduled for August 13th at 8:00. If you have important business that needs to be addressed, please let a council member know, and we may schedule a meeting in July. Please continue to keep your eyes and ears open for mission opportunities in our area—remember we have a line of funding in our budget for mission outreach.

Please hold Dustin Roise in your prayers as he will be traveling to Minneapolis July 18-21 as one of two representatives from our synod to the ELCA World Hunger gathering. As an active food producer, he has been a valuable voice to the gathering. Pray the Spirit guides the gathering and those assembled.

Greeters/Ushers Schedule

- 7 S & Nancy and Scott Meiers Family
- 14 Monte and Breann Lund Family
- 21 Allen & Debbie Lund with Roger & Addy Evans
- 28 Jubal & Deann Jarmin with Gary & Vicki Evans

WELCA News

Thank you to all the WELCA gals that baked bars and helped with the serving for Jerry Dobrovolny's service. Also a big thank you to Debbie for doing all the planning and ordering for this meal.

In thinking of the yearly church cleaning, I'm thinking of doing a fall cleaning this time. What do all of you think?? Hmmm by the time you receive this news it will be the week of the 4th of July. Yikes! Fall will be right around the corner. Hmmm.

Thanks be to God for the beautiful rain showers and for the promise of sunshine after the rain. Keep up the prayers for beautiful timely rains all thru the summer. No more news for now. Have a great summer and take time to enjoy nature, your garden, the church "back yard garden," and a ice cold drink with a friend. This is the day that the Lord has made!! Let us rejoice and be glad in it!! - Diana

Knife River

THANKS to the those who have volunteered to do janitor duties for the month of July. It is appreciated.

WELCA will meet at Betty's trailer in Van Hook Park on **Tuesday**, **July 16**, at **11:30** a.m.

THANKS to Warren Craft for once again spraying the church yard/cemetery for weeds. It looks nice when those pesky weeds are gone!

VACATION BIBLE SCHOOL will be here before we know it! It is July 29-Aug 1. I still have a couple spots left if anyone hasn't registered yet. Kids ages from kindergarten thru 6th grade. Take note that the <u>time has changed to 12:00-4:00</u>. Kids will not need to bring a lunch. Snacks will be provided. I am also looking for a couple more volunteers to provide meals for the counselors while they are here. Any questions or to register call Nikki at 629-5101.

Faith Lutheran

Evening Bible Study will meet on July 18 at church at 3:00pm **Afternoon Bible Study** will meet on July 9 at 2:00pm at Debbie's home.

Altar and Greeter: Barb

Work: Phyllis C, Darlene V, Constance. Coffee for all Sundays will be provided by Hope Circle

Readers: 7 - Mike, 14 - Darlene B, 21 - Wayne, 28 - Iva

Charity Circle has table decorations for July

"I care" prayer is an ongoing prayer for anyone that needs a little extra boost on the road to recovery, also a safe and enjoyable season for our camp counselors and kids at our three camps.

July

Sun	Mon	Tue	Wed
Worship Schedule	1	2 10a: Pastors Text	<i>3</i>
9a Bethlehem 9a Knife River	10am - ALC Quilters	10a: Centennial Court Bible Study	
10:30a American 10:30a Faith	John Out	of the Office	
10.300 1 01111			Carter Out of
7	8	9	10
ALC Potluck Sunday	10am - ALC Quilters	10a: Pastors Text Study 10a: Ross Bible Study	10a: Parisł
14	15	16 10a: Pastors Study	17
2pm Bridal Shower for ReeAnn Mehus		10a: Ross Bible Study Parish Celebration	
		ALC	Vacation Bibl
21	22	23	24
	10am - ALC Quilters	10a: Pastors Text Study 10a: Ross Bible Study	
28	29	30	31
	10am - ALC Quilters	10a: Pastors Text Study 10a: Ross Bible Study	
Sarah Out of the	Office		
		Knife River Vacation Bible .	School with Co

2019

Thu	Fri		Sat
4	5 Pastor's Sabbath		6
11	12	Pastor's Sabbath	<i>13</i>
8am: Mens Bible Study			
18	19	Pastor's Sabbath	20
8am: Mens Bible Study 3p: Faith Eve Bible Study			
amp Metigoshe			
25	26	Pastor's Sabbath	27
8am: Mens Bible Study			
Scroll Assembly by KR			
out of the Office			
	11 8am: Mens Bible Study 18 8am: Mens Bible Study 3p: Faith Eve Bible Study 25 8am: Mens Bible Study Scroll Assembly by KR	11 12 8am: Mens Bible Study 18 8am: Mens Bible Study 3p: Faith Eve Bible Study 3p: Faith Eve Bible Study 25 26 8am: Mens Bible Study Scroll Assembly by KR	75 Pastor's Sabbath 71

amp of the Cross

Youth News

Our June, July, and August LYO events are coming up, and I'm so excited for the July worship service that will team up with the lock-in! For June, we had a Minot adventure to go bowling, eat out, and spend some time in the park!

For July, we are planning to have a lock-in that follows the worship service in the park. On Tuesday, July 16th, there will be worship and a meal in the park with free swimming to follow. I can't wait to see how fun this day will be! After worship, all 7th-12th graders are welcome to join our lock-in at American Lutheran that evening. The youth will be there until the morning of Wednesday, July 17th. I'm working on planning out all of the activities and opportunities for the lock-in. There will be games, food, movies, and group activities about where we see God in our lives. Details and what to bring and what not to bring will be posted and mailed out in the next couple of weeks. If you have any questions about the lock-in or if your child/children can only participate for part of the event, please contact me!

For August, please be on the lookout for a date/time and details of the event.

Parents/Guardians: If you haven't had the chance to add yourself or your child/children, feel free to join our Remind group for any announcements or reminders for youth activities or quick questions.

Enter this number: 81010 Text this message: @plply

Keep checking the scroll, Facebook, and Remind messages for updates on LYO events for the summer!

Thank you to all the churches for all of the love and continued support that you show our youth!

Eden Cuypers, Youth Leader

Food Pantry

The Mountrail Community Food Pantry provided 7015 pounds of food to 53 families for a total of 168 people, of which 67 were children and 20 were seniors. We have been fortunate to be getting a lot of free or nearly free food from the Great Plains Food Bank in Fargo, so we are passing that on to our clients by giving them more of those items. The GPFB had a food giveaway truck set up in the parking lot of Cashwise on May 20th, and thanks to the cheerful volunteers that showed up to assist, provided food for 45 families that afternoon!! Some of us will never look at cabbage the same way again!

Let's just say we were quite generous giving the giant cabbages away!! © We had a great time, did a lot of fast working, and laughing, and it was a memory making moment.

Speaking of moments.....we had a panic moment this last truck delivery...a LOT of stuff to unload, and just a few volunteers to help! We made some desperate phone calls, and once again, our community came through with flying colors!! © Thanks to Ace Hardware for allowing an employee to run over quickly, and to Cenex, who offered some time ago to send folks, if we were in a tough spot, because they sent over some very strong gentlemen. Whiting was able to send over someone, and one of our volunteers called her grandchildren and their Dad, who rushed right over to help us...so we went from a few slightly overwhelmed volunteers to a great group of energized volunteers, and we got that truck unloaded quickly!! It's always fun, and a bit aweinspiring, to see people come together to make something happen here.
Here's to soaking up some sunshine....Mary





- 2 Faith Fladeland, Brynlee Zieman
- 3 Shirley Bird
- 4 Evonne Piepkorn, Max Carkuff
- 6 Brad Ellis
- 7 Ryan Paetz
- 9 Tristen Barstad, Kaisa Mortensen, Pam Fladeland, Jean Nelson
- 10 Brady Aadnes, Stacey Barstad, Summer Meyer, Ryan Wilhelmi
- 11 Eli Pappa
- 12 Aubrey Locken, Pat Grinolds, Trenton Bruhn
- 14 Roger Gjellstad, Jacob Hellman, Jonathan Germundson, Joyce Hollekim
- 15 Sue Evenson, Debbie Alvstad
- 16 Duane Fretheim,
- 17 Coy William Smith, Noah Rolfe
- 18 Mark Erickson Sr., Halle Sorenson, KyAnn Sorenson
- 19 Christine Dittbrenner, Janis Thompson, Lori Johnson
- 20 Trinadi Bruhn
- 21 Susie Trana
- 23 Ashley Nichols, Wyatt Hanson, Bayley Rolfe
- 24 Camden Reep, Troy Fladeland, Gene Wilson
- 25 Grady Nichols
- 26 Doug Larson
- 27 Maren Feiring, Bill Meiers, Hannah Warta
- 28 Bailey Evenson, Warren Walhaug
- 29 Nancy Hemstad, Sheila Morgan, Shannon Mell, Marie Roise
- 30 Len Jones
- 31 Elle Sorenson, Mya Mortensen, Monte Lund,

Happy Anniversary

- 1 Don & Verlee Kjosen
- 1 Dan & Karen Lindberg
- 1 Mike & Abby Reep
- 2 Dale & Mary Kilen
- 3 Jason & Stacy Barstad
- 6 Dusty & Christy Nelson
- 6 Eric & Shannon Mell
- 6 Jeff & Dena Lapica
- 7 Elmer & Carol Nelson
- 7 Tim & Jan Johnson
- 10 Landon & Kara Nichols
- 10 Don & Marlene Hoirup
- 11 Evan & Erin Meiers
- 12 Jerome & Pat Lautenschlager
- 13 Tad & Megan Ploium
- 13 Troy & Amy Fladeland

- 14 Arden & Janis Thompson
- 15 Kevin & Michele Kinnoin
- 16 Megan & Shane Ryals
- 16 Kenny & Kathryn Meckle
- 17 Kelly & Pam Schunke
- 17 Aaron & Ashley Skarsgard
- 19 Pat & Christine Dittbrenner
- 19 Roger & Michelle Harstad
- 21 Wesley & Kim Reynolds
- 22 Mark & Nicole Longmuir
- 23 Kyle & Ashley Nichols
- 23 Amy & Josh Stordahl
- 28 Lynn & Marlene Grabow
- 30 Greg & Stacey Mortensen
- 30 Kevin & Sandra Harstad
- 31 Brooks & Stacey Goodall

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Synod News

<u>Planning for Fall...</u> This is an excellent time of year to be thinking about what will happen in your congregation this fall. There are a number of resources available to you from this year's synod assembly – which are (or will be) available to you through the synod web-site.

First, a three session Bible Study on the assembly theme: *The Kingdom of God is Like...Dreams...Desires...Demands.* The study has been written in such a way that anyone can lead it. Each session has a video clip to help think about a portion of scripture

Soon we will have a video of Synod Vice President Bruce Carlson interviewing Rev. Dr. Phil Hirsch, the Executive Director of the ELCA Domestic Mission Unit. In this roughly half hour conversation Rev. Hirsch talks about inviting others to know and love Jesus.

We hope you will use these resources to build up your congregation.

Survey Coming Your Way...

Rostered Leaders be watching your email for a link to a survey. This is part of the process of preparing for next years election of a new Bishop. The survey is being sent to rostered leaders, but it is to be filled out in conjunction with the congregation's council.

The answers to the brief survey are the beginning of a process of defining the gifts for ministry the next Bishop will need as well as the major issues that members of our synod see for the future of Christ's church here on the prairie.

Away on Sabbatical...

As you receive this newsletter, I am away on Sabbatical. I will be away from the office, not answering my cell phone or responding to emails. What will I be doing? Much of my sabbatical will be a time of preparing for transition.

I will use this time to think through the documents which need to be in place for the next Bishop. I will also be spending some time contemplating where God is calling me next. To help with that process I am visiting a pastoral counseling center in the Twin Cities. I also plan to complete my Rostered Minister Profile.

There will also be time for rest, connecting with friends, and reflection.

<u>Who's in Charge...</u> While I am away synod staff are available to help you with any questions or concerns. You are blessed to have a gifted staff. I am certain they will not even skip a beat in the weeks ahead.

A Few Short Bits....

- *While at the South Dakota Synod Assembly I spoke with a representative of Kin Ministry a computer program/app designed to help congregations track their visitation ministry. I was impressed with its reliance on lay visitation teams and an easy way to connect with rostered leaders when there is a need for follow-up care. You can learn more at kinministry.com.
- *The Bismarck LSS Offices are getting a makeover this August including our synod offices. This will include new carpet and painting all of the interior walls. If you would like to volunteer to help move furniture out of the building, strip wall paper, wash walls or even lend a hand painting keep your eyes open for opportunities. The specific dates have not been set yet, but it will happen in mid-August.
- *While the remodeling happens the synod "offices" will be closed. Staff will still be working most likely from home. You have our cell numbers; feel free to call us.
- *Added to the Synod Compensation Guidelines is a document from the NDSU Extension Service titled "Flex Time and Personal Sustainability Guidelines for Agents and Parent Educators". We have added this document with the Extension Services permission. Rostered leaders often work unpredictable hours this document could be an excellent guide for pastors and church councils to engage conversation around healthy work habits.

Blessings all. I look forward to seeing you in the fall.

Mark Narum Serving as Bishop of the Western North Dakota Synod Prairie Lutheran Parish Stanley, ND 58784 PO BOX 310

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